



# LYTTELTON SECTOR 4 CPF COMMUNITY

WELCOME TO OUR

## Quarterly Newsletter



[info@lyttelton4.co.za](mailto:info@lyttelton4.co.za) | Emergency number: 0713 83 2036 | Office number: 087 265 5080

HEY, HOW ARE YOU?

### CONTRIBUTING MEMBERS AND VOLUNTEERS PAINTBALL DAY



LS4 CPSF and Welriet NPC, hosted a paintball day for all LS4 CPSF volunteers and the contributing members of Welriet NPC

The event was a great team building opportunity and allowed people to get to know each other. There were three challenges, first quick shoot, then run the gauntlet and lastly a team capture the flag. Thanks to the sponsorship by Spar Elarduspark we had prizes for the "Quick Shooter", The "Home Protector" and The "A Team". We also had booby prizes for the "Slow Shooter" and the "Home Wrecker"

The participants enjoyed the day so much they have persuaded us to host another paintball day for Welriet Contributing members and LS4 Volunteers our next event will be 25 November 2023.

Please visit the Websites <https://www.lyttelton4.co.za/> or <https://www.welriet.co.za/> for more photo's of the day

### Clean Ups

#### HOSTED BY WELRIET NPC AND OUTGOING WARD COUNCILLOR DARYL JOHNSTON

Thank you to the community members, and Executive Mayor Cilliers Brink who assisted with the clean-up, painting, picking up papers and planting a tree for Arbour day.

Thanks to Oosland butchery for donating the wors for our rolls.

Thank you to those community members who could not attend but donated money or paintbrushes etc. It was a fun morning and the park looks bright and cheery again. Join us for our next Paint a park at Linde Park in Wingate Park. Let's make our parks a place to enjoy again.



# Adopt A Spot

## COMMUNITY MATTERS

Welriet NPC will be applying for permission to "Adopt" all the spots in our area. We will then ask the community to assist so we can improve our community and uplift it. We already have a number of people wanting to "Adopt" Piering Park, the park on the corner of Boeing and Piering Roads" with ideas of closing it off and safety measures being made available. The more people we have joining this drive the more we can do with the spaces in our area.

If you are willing to "Adopt a Spot" be it the sidewalk in your street, the nearest corner or a park, please contact [welrietnpc@lyttleton4.co.za](mailto:welrietnpc@lyttleton4.co.za) with your contact details and which area you would like to "Adopt".

### **Current Areas "Adopted"**

- Jan Conradie – Hornblend Park
- Koos and Rina Kruger – Halifax Street Entrance to Rietvalleipark
- Amanda Schaap – Corner Orthoclase and Piering Roads
- Mike de Lange
- Melissa and Jannes Jonker
- Andre Eloff
- Piering Park (this will begin once the road Upgrade is complete.
- Ivan Grant from Lardus Park complex – The open area between Boston and Ou Kraal Avenue.

Spots to be finalized but willing to help

- Alta Krog

## General Matters

### SAFETY AND SECURITY

To ensure the enjoyment of our neighbourhood and the ability to walk with our children be it in the Park or on the streets please ensure:

#### **1. When walking with your dogs**

Ensure they are on a leash at all times.

Carry a "Poo" bag with you and clean up after your pet.

#### **2. Residents**

Please ensure your dogs are behind a closed gate so that they cannot attack people walking with their dogs or children

#### **3. Parks**

Parks are for everyone's enjoyment motorbikes are not allowed in the park.

Leave the park clean, throw your rubbish in the bin or take it home. Do not drop it along the way.

24 HR HOTLINE  
0800 456 789  
SUICIDE EMERGENCY  
0800 567 567  
071 383 2036

## DEPRESSION is real!

The behaviours listed below may be some of the signs that someone is thinking about suicide

- ISOLATION
- NO ENERGY
- NO CONCENTRATION
- ANGER
- SADNESS
- NO APPETITE
- ALCOHOL AND DRUG ABUSE
- SLEEP PROBLEM
- THOUGHTS OF DEATH
- GUILT

Don't become a Statistic

If these warning signs apply to you or someone you know, get help as soon as possible



**12 October 2023**

**LS4 - SPECIAL GENERAL MEETING**

770 Petrus Street, Rietvalleirand | 18H00

**LS4 CPSF AND WELRIET**  
**FUTURE EVENTS**

**7 October 2023**

**PAINT OUR PARKS**

We will be painting the Play equipment at the Linde Park in Wingate Park.



**28 October 2023**

**YEAR END FUNCTION 2023**

Join LS4 CPF, Welriet and Father Christmas for a year end function. This event is our way of thanking the Volunteers and contributing members and their families.



**25 November 2023**

**2ND PAINTBALL DAY**

We will host our second paintball day, this event is for LS4 volunteers and Welriet contributing members.



**13 April 2024**

**ANNUAL FUN RUN AND MARKET DAY**

Save the date and if you are a vendor and would like more information please contact us via email on [info@lyttelton4.co.za](mailto:info@lyttelton4.co.za)

# Welriet NPC Explained

Welriet NPC formerly LS4 Company's membership contributions have been a minimum of R80 per month since its inception in 2009.

Whilst we fully understand the economic climate and the trying financial times families are experiencing due to the increase in the cost of living. To ensure the continued growth of Welriet NPC and its ability to keep the community safe and clean, we urge those that are in the fortunate position to be able to increase their contributions to send an email to [welrietnpc@lyttleton4.co.za](mailto:welrietnpc@lyttleton4.co.za).

If you are not yet a contributing member and are willing to join us please use this link <https://www.cognitofirms.com/LS4CPSF/WelrietNPCMembership2> and complete the online application.

## WHAT DOES YOUR CONTRIBUTION MEAN TO OUR COMMUNITY:

### **SAFETY AND SECURITY**

LS4 CPF offers a 24/7 emergency number as well as radio network available to the Community. Having the knowledge that LS4 volunteers ensure the support and commitment of SAPS, TMPD and Security companies in the fight against crime in our area.

### **LS4 STREET GROUPS**

Keeping you informed as to what security trends are in your immediate area. Giving you access to raise your issues directly with SAPS and TMPD by hosting Community meetings quarterly.

### **MAINTENANCE**

The upkeep and cleanliness of the area in which we live.

### **COT ISSUES**

Having groups to keep you informed of any issues in our area, as well as having one place to report COT issues and have Welriet's assistance in following up on these matters. The continued commitment by volunteers to build working relationships with the ward councilors to ensure the improvement of services in our area.

### **SENSE OF COMMUNITY**

We would like to be able to continue hosting events to bring the community together, promoting "know your neighbours" and create a feeling of pride in our community.

### **WELFARE**

LS4 VEC (Victim Empowerment Centre) offer trauma counselling (3 Free Sessions) to residents who have been involved in trauma. We also ensure families dealing with traumatic events are offered meals or basic support.

### **BENEFITS**

We are striving to ensure contributing members get benefits, eg free entrance to Garstkloof nature reserve once the "Friends of Garstkloof" has been established. Gate boards are given to assist LS4 patrollers to know you are a member in an emergency. Fridge magnets, key rings etc. to ensure you always have the emergency number on hand. Free entry to Special events and special discounts for contributing members.

### **RADIOS**

The 24 hour monitored radio network, which is a closed network where members can alert security and their neighbours of issues.

# Why must I join my local CPF?

## DON'T BE LEFT BEHIND!

Communities are comprised of many different people, each with his or her own skills, views and innovative ideas that can make a huge difference in the efficiency and effectiveness of the SA Police Service and the manner social crime prevention is approached in a specific area. Word-of-mouth is an effective tool in spreading a message and informed CPF members can empower their communities to have a say in their own safety and eradicate crime and criminals from their area.

Each one of us wants to live and work without fear of being robbed, raped or attacked. By joining my local CPF, I strengthen the human network against evil forces and ensure that I, my family, my neighbours and my community has peace of mind and a safe and secure environment to thrive and prosper in.

·The CPF fulfils a vital role in society, in assisting law enforcement officials in the fight against crime and exists in terms of Section 18 of the SAPS Act, 1995.

·The CPF falls under this SAPS Act and is an integral part of "Sector Policing". ·This legislated act recognises the CPF as the only recognised consultative forum designed to permit communities to make their policing concerns known to the police.

·The Community Policing Forum has a constitution dictating rules, laws and effective structures, and is not a neighbourhood watch consisting of community members with no voice.

·The CPFs are consultative forums designed to permit communities to make their policing concerns known to the police and to provide a vehicle for holding the police accountable to them.

LS4 is much more than just a neighbourhood policing forum. It is a community service operation that brings the neighbourhood back together and in touch with each other.



## Contact us

Want to become a patroller, JOC operator or Welriet contributing member or have question?

**Office address:** Room C104b, The Park Centre, Barnard Street

**Email address:** [info@lyttelton4.co.za](mailto:info@lyttelton4.co.za) (LS4)  
[welrietnpc@lyttelton4.co.za](mailto:welrietnpc@lyttelton4.co.za) (Community matters)

**Website:** [www.lyttelton4.co.za](http://www.lyttelton4.co.za)  
[www.welriet.co.za](http://www.welriet.co.za)

**Office hours:** 08H00 - 14H00

